



| Name / |  |  |  |
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|        |  |  |  |
| Date / |  |  |  |



## 1. INTRODUCTION

| THE PEOPLE WHO ARE HELPING ME THINK ABOUT MY LIFE AND CHOICES ARE: | WHAT IS YOUR RELATIONSHIP TO THEM? |
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# 2. GETTING STARTED

| THE THINGS I LOVE ABOUT MY LIFE<br>RIGHT NOW ARE: | SOME OF THE THINGS I WANT TO DO NEXT<br>TO MAKE MY LIFE EVEN BETTER ARE: |
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## 3. WHAT'S FUN ABOUT MY LIFE

| NEW FUN ACTIVITIES I MIGHT LIKE<br>TO TRY ARE: | PEOPLE I KNOW WHO CAN HELP ME TRY<br>THESES ARE: |
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#### 4. LEARNING NEW THINGS

| NEW THINGS I WOULD LIKE TO LEARN ARE: | PLACES I CAN GO TO LEARN THESE THINGS ARE: |
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### 5. MAKING NEW FRIENDS AND CONNECTIONS

| PLACES OR ACTIVITIES I CAN GET INVOLVED WITH WHERE I MIGHT MEET SOME NEW PEOPLE ARE: | PEOPLE WHO I KNOW NOW WHO I MIGHT<br>LIKE TO GET TO KNOW BETTER ARE: |
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#### 6. WHERE WOULD I LOVE TO LIVE?

| THINGS THAT ARE IMPORTANT TO ME AND WILL HELP<br>ME CREATE A HOME THAT I WILL LOVE ARE: | PEOPLE THAT CAN HELP ME GET MY OWN HOME ARE: |
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#### 7. GIVING BACK TO MY NEIGHBOURHOOD AND COMMUNITY

| THINGS I WOULD LIKE TO DO FOR MY COMMUNITY AND NEIGHBOURS ARE: | ORGANIZATIONS THAT NEED VOLUNTEERS IN MY COMMUNITY ARE: |
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#### 8. IT'S TIME TO WORK

| THINGS I WOULD LIKE TO DO FOR MY COMMUNITY AND NEIGHBOURS ARE: | ORGANIZATIONS THAT NEED VOLUNTEERS IN MY COMMUNITY ARE: |
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| MY TOP THREE IDEAS I WOULD LIKE TO TRY ARE:   | PEOPLE WHO CAN HELP WITH THESE IDEAS ARE: |  |  |
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| PEOPLE I WANT TO SHARE MY JOURNAL AND DREAMS WITH ARE:                                  |   |  |  |
| SET A DATE FOR A FOLLOW-UP MEETING WITH YOUR CONVERSATION GROUP TO SHARE YOUR PROGRESS: |   |  |  |